



On The Level

NATIONAL ASSOCIATION OF WOMEN IN CONSTRUCTION

BLUEGRASS CHAPTER #367, LEXINGTON, KENTUCKY

Thursday, November 19th – Get Connected!



Rea N. Waldon, Ph.D. is the Senior Vice President for the Economic Empowerment & Entrepreneurship for the Urban League of Greater Cincinnati. She has also been named the Executive Director of The Ohio Valley Women's Business Council. Dr. Waldon's background includes experience in banking, education, business development and healthcare all of which are directly intertwined with the construction industry. She has developed workshops for small businesses on topics such as strategic planning, leadership development and computerized accounting systems. Dr. Waldon was named Cincinnati Business Courier 2000 Mentor of the Year. She has been a coach and mentor to business owners and students alike. On Thursday 11/19, Dr. Waldon will be joining the Bluegrass Chapter of NAWIC to share insight into the opportunities available to women entrepreneurs for training, marketing, and financial assistance. In addition, Dr. Waldon will outline the path to becoming a Certified Woman Owned Business Enterprise. Whether you own a business, aspire to, are looking for ways to expand the involvement your employer has with local disadvantaged businesses, or simply desire to learn alongside and support other women in the industry...this meeting will be a great way to start getting connected!

**November,
2009**

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R.S.V.P. INFORMATION

Where: Marriott Griffin Gate, 1800 Newtown Pike, Lexington

When: Thursday, November 19, 2009

5:30 p.m. – 6:00 p.m. Networking & Registration

6:00 p.m. Dinner

6:30 p.m. – Business Meeting

7:30 p.m. – Board Meeting

Cost: \$20.00 Members; 1st time guests are free

Reservations required. Contact Susan Cox, scox@messer.com by Nov. 17th

Remember, A Reservation Made Is A Reservation Paid.

Letter from the President



Another regional event is history. Cindy Hiens, Christine Parsons and I attended Region 4's Annual Planning Conference (APC) in Ft. Wayne October 23rd and 24th. At the beginning of the general session Director Jan Sullivan asked Christine and Mary Hosafros, the president of the Akron chapter, to come on stage. Due to expert planning and negotiating from our chapter's forum committee upon completion of the Forum that we hosted in May 2009 there was a profit instead of the negative balance we had at first feared. A portion of that profit was voted by the board to go to the Akron chapter for a start up fund for the Forum they are hosting in 2010. In a "pay it forward" gesture this check for \$500 relieves some of the pressure the host chapter has in seeking donations, which is difficult at best in the current economy. She was most grateful and the Bluegrass Chapter received a hearty round of applause for our generosity. We hope to have set the precedence for other chapters to do the same in the future. We are all here for each other whether it's on a local, regional, or national level but it is always wonderful to have the Bluegrass Chapter shine with being the first in this type of support.

A variety of workshops were offered at APC and the three of us split between the choices in order

to share as much as possible with all members. I attended the chapter presidents meeting and as always feel proud of our membership and the absence of difficulties other chapters face. We continue to grow and recruit new members where others struggle to keep enough members for their chapter to be active.

The next workshop I attended was on leadership skills. The instructor, Daphene Koch, was great. I'll probably copy one of the exercises she had us do for one of our membership meetings. Don't worry it's not exercise as in, "drop and give me 20 push-ups....". It was stressed that a good leader listens in order to lead in the right direction. So ladies I'm LISTENING!!! All you have to do is TALK!!

One of the afternoon workshops was doors and hardware. Hopefully I know that subject well enough since that is part of my job here at Clay Ingels. Therefore I chose to go to the chapter leader workshop. It amazes me that so many chapters have current presidents that have been presidents before time and time again. Not that those ladies aren't great leaders and they are definitely committed to NAWIC but everyone has potential to be the Bluegrass Chapter's next president. I feel certain I am speaking for all past presidents that we would love to see "new blood" on the board year after year. Remember I said I would NEVER take the president's role because I

doubted my ability. I'm on my 2nd year and surviving but two years is the limitation for holding the same office. Seriously if I have done it each and every member we have can too; so please consider a leadership role in the future.

In addition to the newsletter, attached are our chapter's Standing Rules that requires a 30 day notice to be circulated to chapter members. A few changes have been made to keep us on track and in line with our non-profit status. Also minutes from last month's meeting are attached.

In closing I'm copying a portion of an article I read. "Thanksgiving isn't the only time to remember what you're grateful for – doing so regularly will put a spring in your step. Keeping a gratitude journal helps one sleep better, have more good moods, a stronger sense of connection to others, and the realization people are looking out for you". Hopefully one of the things we can all write in our journal is gratitude for the knowledge, friendship and support we receive from NAWIC.

See you in a few weeks..... Elaine Boyd



HAPPY NAWIC ANNIVERSARY

Celebrating their involvement in NAWIC!

No anniversaries this month - let's recruit a new member so we have one to celebrate next year!!

MARK YOUR CALENDARS

Tuesday, December 1, 2009 – Holiday Social & 8th Anniversary Celebration

Hosted by Boo & Millard Blakey, 3322 Grasmere Drive, Lexington.

Donations will be accepted for the Lexington Humane Society

Did "it" come this holiday season; or did "it" come in the past for no reason?
 Ugly, useless and cheap; Something you would never keep.
 Place "it" in a simple brown bag; No frills, no hassle, no tag.
 Blue jeans and comfortable shoes; For just relaxing is good news.
 Come on Tuesday, December the First; B.Y.O.B. to quench your thirst.
 Your board promises finger food; To be oh-so very good.
 Bring a friend, your spouse or other; So your picks will seem tougher.
 Each brings their own; So there is a fight to the bone.
 See you at 3322 Grasmere Drive; Sometime after Five.
 Please remember at this time the needy; Bring an envelope for the hostess' choice of charity
 And thank you Boo; And her husband too!

Other Dates to Remember:

- Ø Jan/Feb 2010 Block Kids (more details to follow!)
- Ø January 21st – Membership meeting
- Ø February 18th – Membership meeting
- Ø 3/8/10 WIC WEEK & Spring Social
- Ø April 9-11th – Forum 2010 Akron, OH
- Ø 4/24/09 – Miss Fix-it #4 (aka MF14)
- Ø JUNE 2010 – Summer Social (Date & location TBD)
- Ø Sept. 1st-4th – 55th National Convention, Louisville, KY

November Dates to Remember:

11/9 Chaos Never Dies Day
 11/11 Veterans Day
 11/13 World Kindness Day
 11/19 Great American Smokeout
 11/21 National Adoption Day
 11/26 Thanksgiving
 11/27 Black Friday

November is:

- [National Adoption Awareness Month](#)
- [Peanut Butter Lovers Month](#)
- [Child Safety Protection Month](#)

Chapter Brochure Photo Contest:

The membership committee would like to thank member Grace Northcutt for designing our new chapter brochure. Now we need YOUR help. We want to include pictures of our own members in the flyer so please submit a picture of you working at your daily task. And don't be shy! Send your high resolution photo to parsons@parsonselectric.com by November 30. An independent panel of non-NAWIC members will judge the pictures and you could be a star!



SAFETY ZONE

Heat It Up

Common sense can prevent a heater fire. All heating systems can start fires if not used and maintained properly. Heating your home during the colder months of the year can prove dangerous, if you do not follow a few simple safety precautions.

Check baseboard heaters often to remove objects that have fallen on top of or near the heater. Remember that any time objects like newspapers, furniture or blankets are close to heaters, a fire can start.

Portable heaters heat up rapidly and, like baseboard heaters, they can easily ignite any flammable item left nearby. Always turn portable heaters off if you leave the room or are going to fall asleep.

When you use your fireplace or wood stove to heat your home, keep the door and or fire screen shut to protect your home from sparks. Only burn dry seasoned wood, never rubbish. Garbage and green wood can cause a chimney fire. Remember to have your chimney inspected and serviced before each heating season and change the batteries in your smoke alarms too. A working [smoke alarm](#) could save your life.



Use Portable Heaters Safely

LEGISLATIVE

One of NAWIC's Objectives is to provide members an awareness of the legislative process and legislation as it relates to the construction industry. The current health care legislation under consideration will affect everyone. Are you informed about how it might make a difference in your life? And do you know how to contact your Congressman and Senator? Check out these websites:

www.congress.org

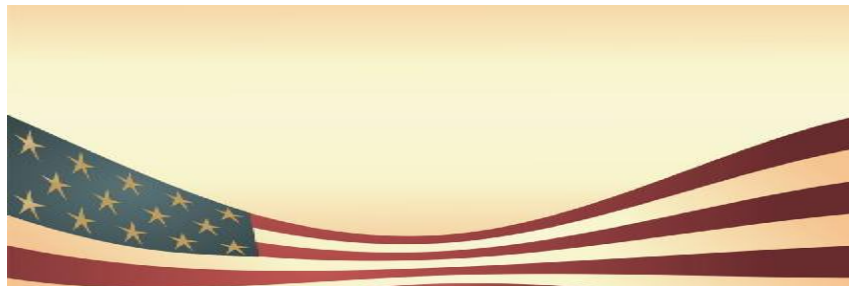
www.votesmart.org

www.opencongress.org

www.house.gov

www.senate.gov

www.politics1.com



MEMBER SPOTLIGHT

GUESS WHO THIS MEMBER IS:

She has been a project manager assistant with her company approximately 3 years.

She has been in the construction industry for 9 years.

She joined NAWIC in 2005.

Her favorite team is the St. Louis Cardinals.

She enjoys traveling, softball, reading, photography, her 2 dogs, and sweet tea.

E-mail eboyd@clayingels.com with your guess and you could win 1 free raffle ticket at November's meeting!!





Girls Can Too!

Helping girls explore and experience careers in construction is the goal of the "Girls Can Too". Created through a partnership of our NAWIC chapter #367 and Bluegrass Community & Technical College (BCTC) the program is targeted at middle and high school girls. The programs free and open to the public will take place on BCTC Leestown Campus, 164 Opportunity Way in Lexington on the second Saturday of each month from 10:00 a.m.-12:00 p.m. Projects and take home kits are made available to the girls through a grant from the American Association of University Women.

The Fall Schedule includes:

November 14- Building Materials and Sales

Anna Wientjes, Clay Ingles Brick Inc and Melanie Fosson Creative Bath and Kitchens will share their interior design educational paths and their experience and expertise in building materials and sales. Anna Wientjes will also share an informative and interesting presentation on Julia Morgan 1872-1957 The architect of over 700 buildings in California, she is best known for her work on Hearst Castle in San Simeon, California. Throughout her long career, she designed multiple buildings for institutions serving women and girls. Upon completion of the program girls will assemble brick and mortar kits stone replicas of world famous structures to take home. Kit mortar dissolves in water to so structures can be built again.

The spring schedule is currently being created if you are interested in joining Elaine Boyd and Christine Parsons on the spring schedule or know a girl who would like to attend please contact Laura Lynch at 859 246-6583 or laura.lynch@kctcs.edu. Registration is required in order to provide enough materials and take home kits for participants.



Remember to support chapter members Laura Lynch, Anna Wientjes, and former member Melani Fosson at the "Girls Can Too" on November 14th. It is at the BCTC campus off Leestown Road from 10:00 a.m. to 12:00 p.m



Nawic national officer s

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COMMITTEE NOTES

Membership: Chair – Christine Parsons. Goals – triple the membership over the next five years!! That means we ALL need to recruit, recruit, recruit!! Invite women you work with to the next meeting!! Please help welcome our newest member of the Bluegrass Chapter! Grace Snow works at Preferred Mechanical Services and looks forward to getting to know all of our members and expanding her network of women in construction.

**You can invite potential member guests to attend our meetings at no cost again this year, so invite those women not yet involved in NAWIC and we'll enhance their success too. The more members we have, the more opportunity there is to learn from each other.

PR/Marketing: Chair – Susan Cox. Goals – get our name out there as much as possible!! Do you belong to another organization that we could trade a newsletter page with? Do you have marketing ideas? Send them to Susan right away!!

Construction Profession & Education: Chair – Stacia Chenoweth. Goals – provide educational & entertaining speakers/joint meetings/tours for our members every month. Send speaker ideas to Stacia & the CP&E committee right away!!

Ways & Means (aka MF14): Chairs – Mary Gail Engle & Stacia Chenoweth. Goals – FUNDRAISING Miss Fix-It #4 will be held April 24' 2010. If you are interested in helping the committee, please let Stacia or Mary Gail know.

Have you thought about pursuing a certification via NEF (NAWIC Education Foundation)? Below is information regarding all three certifications currently offered by NEF. NEF will soon be rolling out a 4th certification – Certified Construction Bookkeeper (CCB). Watch future newsletters for additional details!



NAWIC Education Foundation



Educating the Construction Industry Today . . . and Tomorrow.



The **Construction Industry Technician (CIT)** is a self-paced, home study program. Passing an examination at the end of the course establishes mastery of the material and upon successful completion of the program, the participant will receive the **Construction Industry Technician Certifications**. This certification acknowledges the accomplishment of attaining a higher professional level in the construction industry.



The **Certified Construction Associate (CCA)** Program is an advanced, six-part, self study course in construction terminology, procedures and processes. NAWIC Education Foundation (NEF) requires the program be completed in three (3) years. Participants study at their own pace but must pass all six parts within three (3) years with 2 possible one year extensions. Extensions must be approved by the NEF Executive Committee. After successfully passing certification exams in all six parts, participants receive Certified Construction Associate certificates, pins and are entitled to use the letters, CCA after their names.



Construction Document Specialist (CDS). This book deals with interpreting information conveyed from the architect/engineer to the contractor by way of a legal document and with implementing that fundamental understanding. It discusses the many components of the legal agreement that binds the parties in a construction project: working drawings, specifications, and contract requirements of the Project Manual. A comprehensive understanding of the project's construction documents is necessary to prepare an estimate for submitting a bid and to prepare a project schedule for controlling costs after the contract is awarded.

Sample CIT Questions:

1. Name the 5 types of Construction
2. Name 3 types of Business Ownership
3. An addenda & a change order are the same term in construction. True or False?

Did you know that you can earn certifications from Clemson University through the NAWIC Education Foundation (NEF)? Adult education programs include Certified Construction Associate (CCA), Certified Construction Bookkeeper (CCB), Construction Document Specialist (CDS), and Construction Industry Technician (CIT). By taking these classes and passing the tests you can also earn CEU's. So how about it? Start expanding your knowledge today at www.nawiceducation.org and enhance your success!

NAWIC WEBSITE INFORMATION

Chapter Roster

All NAWIC members can go Online at <http://www.nawic.org> and download a current chapter or region roster. Here are the steps:

- Go to <http://www.nawic.org> > Member Log In > Member Center > Member Directory.

- Select “Chapter Name” or “Region Number” from the pull down menu.
- Select “Excel” as output.
- Select “Search.”
- The roster will open in Excel.
- To sort the data by columns: Highlight all the information, except the first two rows, containing merged cells. Select “Data” from the toolbar; then select “Sort.” Select the column by which you want to sort.

To save the document, input a file name, and then choose “Microsoft Office Excel Workbook” as the file type.

Do you need to update your information on the National website? You can keep your information up-to-date by logging in to www.nawic.org à Member sign-in à Member Center à Update Your Info

NAWIC Online

NAWIC Online is a clearinghouse for Association information. By visiting www.nawic.org, members can find out about upcoming events, learn about new member services and catch up on Association news. Banner and classified ads are available throughout the Web site to help market your company.

CAREER Center

The [NAWIC Career Center](#) helps connect NAWIC members with new employment opportunities. Members can post resumés or search available jobs. In addition, employers and recruiters can access our specialized niche by browsing through our resumés or posting an employment opportunity.

WWW.NAWIC.ORG



Tomboy Tools is offering a fantastic deal on the cool new Pink Hard Hats- order 5 or more and they are only \$17.46 each! They are normally \$24.95! If you order 20 or more I will pay your sales tax! Great time to get them for Christmas gifts, etc. How cool is that! Please contact Linda Jirus at 616-554-7441 or visit www.tomboytools.info/lindaj to order. Remember to let her know you are from REGION 4 - NAWIC's CORE

About Our Organization...

Bluegrass Chapter #367
www.bgnawic.org

Region 4 – NAWIC's Core
www.nawic4.org

NAWIC National
www.nawic.org

**NAWIC Education
Foundation (NEF)**
www.nawiceducation.org

**The Bluegrass
Chapter is on
Facebook!
Join our group!**

Since its founding, NAWIC, an international non-profit organization, has grown to a membership of 5,500 women with more than 179 chapters. In its 51 years of service to its members, NAWIC has advanced the causes of all women in construction whose careers range from business ownership to the skilled trades. With almost 900,000 women working in construction today, the industry is becoming more accepting of their non-traditional roles

NAWIC's objectives are:

- To unite for the mutual benefit of the women who are actively engaged in the various phases of the construction industry.
- To promote cooperation, fellowship and a better understanding among members of the Association.
- To promote education and contribute to the betterment of the construction industry.
- To encourage women to pursue and establish careers in the construction industry.
- To provide members an awareness of the legislative process and legislation as it relates to the construction industry.

Executive Board

| | | |
|---------------------|-------------------|--|
| President | Elaine Boyd | eboyd@clayingels.com |
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| Treasurer | Cindy Hiens | chiens@messer.com |
| Corresponding Sec. | Mary Gail Engle | mgengle@uky.edu |
| Recording Secretary | Grace Northcutt | gnorthcutt@messer.com |
| Director | Susan Cox | scox@messer.com |
| Director | Faye Miller | fmiller@bbandt.com |
| Director | Joan Markwell | joanemarkwell@yahoo.com |
| Membership Chair | Christine Parsons | parsons@parsonselectric.com |
| Finance Chair | Cindy Hiens | chiens@messer.com |
| C.P. & E Chair | Stacia Chenoweth | stacia@masonstructure.com |
| PR/Marketing Chair | Susan Cox | scox@messer.com |
| WIC Week | Grace Northcutt | gnorthcutt@messer.com |
| Newsletter Editor | Susan Cox | scox@messer.com |

