



On The Level

NATIONAL ASSOCIATION OF WOMEN IN CONSTRUCTION
BLUEGRASS CHAPTER #367, LEXINGTON, KENTUCKY

Thursday, September 17th – Arbitration & Construction Law

**September,
2009**



Ryan Loghry is an Associate with Stites & Harbison, PLLC based in the Lexington office and a member of the Construction Service Group. He is a litigator who handles commercial construction disputes of all kinds, including defending general contractors against nonpayment and defect claims and asserting and defending mechanics' and materialmen's lien claims on public and private projects. He is a frequent author and speaker on construction law topics. Mr. Loghry led the Construction Service Group's effort to write Kentucky Construction Law, 2007. He wrote the chapters for Design Professional and Contractor Licensing, Mechanics' and Materialmen's Liens, Residential Construction, and Theories of Liability in addition to editing the chapters written by other members of the construction service group.

Inside this issue:

President's Letter	2
Mark Your Calendar	3
NAWIC Social	4
Renewal Information	4
AGC Safety Day	5
Ross Tarrant Award	6
Girls Can Too!	7
Convention Wrap-Up	8
Committee Notes	8
Contact Page	9

R.S.V.P. INFORMATION

Where: Marriott Griffin Gate, 1800 Newtown Pike, Lexington

When: Thursday, September 17, 2009

5:30 p.m. – 6:00 p.m. Networking & Registration

6:00 p.m. Dinner

6:30 p.m. – Business Meeting

7:30 p.m. – Board Meeting

Cost: \$20.00 Members & Guests

Reservations required. Contact Susan Cox, scox@messer.com by Sept. 15th

Remember, A Reservation Made Is A Reservation Paid.

Letter from the President



I'd like to begin by thanking the Bluegrass Chapter and all of the members for allowing me the privilege of attending the region's leadership meeting on August 5th in Toledo, OH and the National Convention in Phoenix, AZ August 26th thru the 29th. These two events help me grow as a president as well as encouraging and motivating me to do the best job I can possible do in the coming year. One of my goals beginning my first year in the role of president in October 2008 was to have FUN along with our core purpose of promoting and supporting women in the construction industry. Did we succeed in that goal? I think so and hope you feel the same.

We truly have a great chapter consisting of so many intelligent, talented, and inspirational women that can fulfill any challenge or project we take on or comes our way. This made my 2nd goal reachable. We may not have added to our retained earnings this year but we successfully hosted a Regional Forum that the Bluegrass Chapter was still being complimented on at convention. In spring 2010 we are planning on having the Ms. Fix-It event that is our main money maker that allows our chapter to pay for delegates to attend regional and national events. It would be wonderful to have enough funds to send each and every member to the National Convention Sept 1st thru the 4th in 2010. Why, you may ask? What is so special about this convention over any others? Several reasons:

1. The convention will be Louisville which will allow for several members to car pool & make the trip daily, saving the expense of a hotel stay. Being around 400 plus members from all around the United States enthused about the construction industry is amazing and inspiring.
2. One of our own Region 4 members Debbie Gregoire will be installed as the new National President. Debbie truly cares about NAWIC, she genuinely cares about its members, and she is FUN. Let's show our support!
3. The workshops & seminars are designed to help each of us individually in professional development. Project management, construction bookkeeping, communication, sexual harassment, the paperless construction office, LEED 101, and collaborative team process are just some of the class opportunities we had this year.

Another goal was to have 10 new members and we added 10 since 10/1/08. Isn't that wonderful and amazing due to the economy! Many of those new members have jumped right in and are on several committees and attending regularly. Ask our newest member Dee Brown about her convention experience. Another new member Grace Northcutt has lined up a social outing for us on September 24th and coming on our chapter's board. Come and benefit from the

and get to know one another better at this social. Two other new members Boo Blakey and Melani Roederer have spoke at general meetings expanding our knowledge in the construction industry. Hopefully we can get Wendy McAllister with Henkel Denmark and Lisa Jeter with Third Fire Designs to be speakers in 2010. An old/new member, Laura Lynch, is an amazing teacher and mentor. She has asked for some volunteers to assist with the Girl's Can Too program. You will benefit and learn as much as the attendees! Give Laura a call at 859-246-6583 and volunteer. Perseverance brought member Nancy Meade in (finally!) so never give up ladies on someone you've mentioned NAWIC to in the past. NAWIC need not be the best kept secret. A gentleman on the plane with Stacia, Susan and I on the way home from Phoenix is in construction. We gave him some info and encouraged him to tell the ladies with his company about NAWIC.

Our September meeting will include a short and sweet installation ceremony for the incoming board from 2009-2010. Please come and back the new and returning members:

Past President – Kim Hellmueller
 President – Elaine Boyd
 Vice President – Stacia Chenoweth
 Treasurer – Cindy Hiens
 Recording Secretary – Grace Northcutt
 Corresponding Sec. – Mary Gail Engle
 Directors: Faye Miller
 Joan E. Markwell
 Susan Cox

I'll wrap up my chatty president's letter with an inspiration, The Optimist Creed, which was read at convention that I found inspirational:

Elaine

PROMISE YOURSELF

- ✓ To be strong that nothing can disturb your peace of mind
- ✓ To talk health, happiness, and prosperity to every person you meet
- ✓ To make all your friends feel that there is something in them
- ✓ To look at the sunny side of everything and make your optimism come true
- ✓ To think only of the best, to work only for the best, and to expect only the best
- ✓ To be just as enthusiastic about the success of others as you are about your own
- ✓ To forget the mistakes of the past and press on to the greater achievements in the future
- ✓ To war a cheerful countenance at all times and give every living creature you meet a smile
- ✓ To give so much time to the improvement of yourself that you have n time to criticize others
- ✓ To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

MARK YOUR CALENDARS

Thursday, October 15, 2009 – Accountability and You!

Do you see the glass as half full or half empty? Do you welcome feedback or react defensively to suggestion for improvement? Do you spend time worrying about things you can't control? Find out how your answers to these questions will make the difference between success and failure in your professional life. Gwen Hart, Director of Event Management with Marriott will address the 'victim cycle' and how to recognize it. No matter where you are in the hierarchy of your company this presentation will help you rise above circumstances and get results!



Thursday, November 19, 2009 - TBD

Other Dates to Remember:

- Ø 9/11/09 AGC Safety Conference (for more information visit www.agcky.org)
- Ø 9/12/09 Repair Affair in Owsley County with MSPC (email Grace at gnorthcutt@messer.com if interested)
- Ø 9/17/09 Installation of Officers at the Membership Meeting
- Ø 9/17/09 USGBC Breakfast at Annette's 7:30am. (Last chance to join before October meeting at the Governor's Mansion – email Grace at gnorthcutt@messer.com if interested)
- Ø 9/24/09 NAWIC Social – Wines on Vine 5pm (see page 4 for details)
- Ø 9/25/09 ASCE Chapter Meeting (email Grace at gnorthcutt@messer.com for details)
- Ø 10/1/09 ABC Social at 5 pm (location TBD)
- Ø 10/1/09 Green Scene Governor's Mansion @ 5:30pm. (email Grace at gnorthcutt@messer.com for details)
- Ø 10/2/09 Go Green with Holland Roofing! (visit www.hollandroofsolution.blogspot.com for more details!)
- Ø 10/9/09 ASCE Annual meeting @ Embassy Suites – "Going Green in the Bluegrass" (email Grace at gnorthcutt@messer.com for details)
- Ø 12/1/09 Holiday Social hosted at Boo Blakey's house (more details to follow in coming months)
- Ø 3/16/09 WIC WEEK!!!
- Ø SPRING 2010 – Miss Fix-it #4 (aka MFI4)
- Ø JUNE 2010 – Summer Social (Date & location TBD)

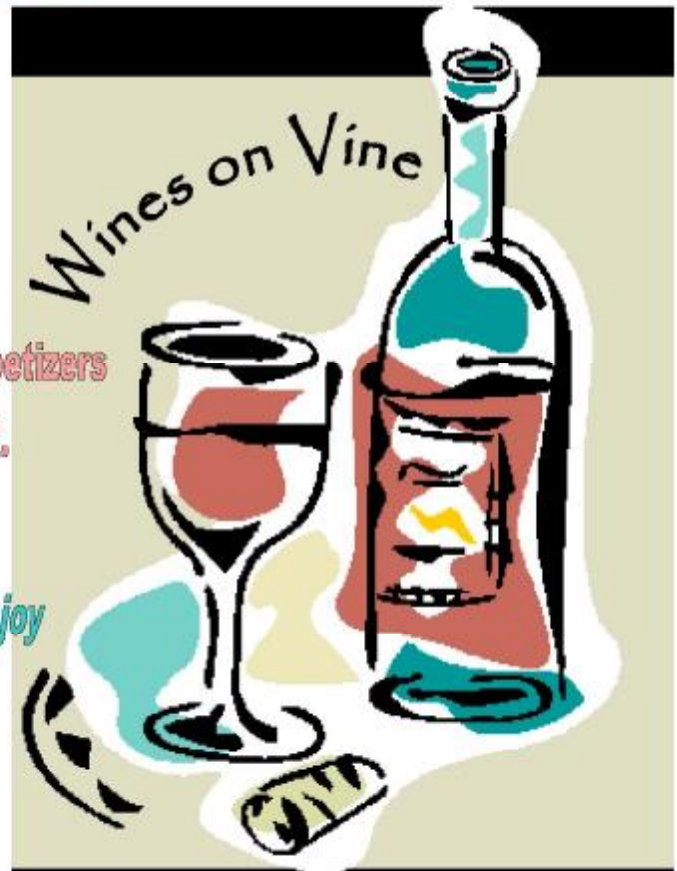
NAWIC Social

**September 24th
Starting at 5:00 p.m.
at Wines on Vine**

*Come share wine, laughs, and amazing appetizers
with your favorite ladies from NAWIC.*

*With all the work we do,
sometimes we forget to kick back and enjoy
just how amazing we all are.*

For more information on the Venue:
<http://www.winesonvine.net/index.htm>



It's Renewal Time!

NAWIC's fiscal year is almost over; it ends Sept. 30. This means it's time to renew your membership. Members with an email address listed in the NAWIC Database will be emailed a link to renew online by the end of July (a paper invoice will not be mailed). Members who do not have an email address will be sent a renewal in the mail by the end of July.

Printed invoices can be downloaded from the Pay Dues-Dues Renewal page of the Web site. Select your membership type; verify or change your contact information; select "check" as form of payment; select "same as personal address;" click "submit." A link to your invoice will be sent to your email address. To expedite the renewal process, please include a copy of the invoice with your payment. Renewals sent to the NAWIC Office are processed by date received. To decrease processing time of your renewal, we strongly recommend that you renew online. NAWIC accepts American Express, Discover, MasterCard and Visa, so renewing online is easy.

Renewals must be received (not postmarked by) in the NAWIC Office by Oct. 1. After Oct. 1, a \$25 late fee will be assessed. Reminder: New members who joined between November '08 and September '09 will receive a renewal statement, but their national dues will be prorated.

Which Category do I Choose When Renewing my NAWIC Membership?

When you renew your membership for the 2009-2010 year, you will be prompted to choose a membership category. It is important that all renewing NAWIC members choose the appropriate membership type, which depends on your occupation and type of business. Please note: An Associate member can move to an Active membership during the year if she becomes employed in the construction industry. This will be based on the honor system.

New Members Joining in August and September

New members who join NAWIC during August and September will immediately receive a renewal for the upcoming 2009-2010 fiscal year, which runs from October 1, 2009 through September 30, 2010. To avoid receiving a renewal, they can choose to pay for this year and next year all at once. They will need to call the NAWIC Office at (800) 552-3506 and speak with the Membership Department to determine the exact amount of dues to pay for both years. If they choose this option, they will not be able to complete the online membership application.

SAFETY ZONE



AGC of Kentucky Safety Day Conference 2009

September 11, 2009 - 7:30 am – 4:15 pm Holiday Inn North, 1950 Newtown Pike, Lexington, Kentucky

Join the Associated General Contractors of Kentucky's commitment to a safe and healthful working environment as we provide the commercial construction industry one special day of informative workshops, exhibitors, and keynote speakers. Safety, business, and other related training at one location, on one day, at one low cost!

Throughout the year the AGC of Kentucky provides various events designed to keep you abreast of industry issues through networking opportunities and more. Volunteer members of our Chapter's Safety Committee, in partnership with Chapter staff, have indentified and recruited some of the industry's most respected speakers to present valuable information on construction industry best practices at the inaugural AGC Safety Day Conference. A comprehensive lineup of safety and management sessions anchor our day's activities. For course topics and information on speakers, visit www.agcky.org.

Event Schedule (Friday, September, 11th)

Registration and Market Place Exhibition Open.....	7:30 am
AGC Safety Day Exhibition Hours.....	8:00 am – 1:30 pm
Opening Session Featuring Labor Cabinet Secretary J.R. Gray and AGC of Kentucky President David Jackson.....	8:30 am – 9:00 am
Conference Sessions.....	9:15 am – 3:30 pm
Lunch Featuring AGC of America Chief Economist Ken Simonson.....	2:00 pm – 1:00 pm
Closing Session.....	3:45 pm

AGC will be offering a pre-conference reception the evening of September 10th. There is no cost to attend, and cocktails, food, and entertainment will be provided. Room blocks have been reserved under the "AGC of Kentucky" for the discounted rate of \$89. Please contact the Holiday Inn at 1-859-233-0512 to make your reservations.

Registration Fees (Group Discounts for 5 or more attendees)

AGC Member - \$95 per attendee or Group Discount \$85 per attendee
Non AGC Member - \$155 per attendee or Group Discount \$125 per attendee

Company Name _____

Mailing Address _____

Phone _____ Fax _____ Email _____

Attendee(s) Names (To be printed on Name Tags) _____

____ # Individuals from our firm will attend the pre-event reception on Thursday, September 10 from 7-9 pm.

Number of Attendees _____ X Fee \$ _____ = Total \$ _____

Payment Type

- VISA
- Mastercard
- Discover
- AMEX

Card Number _____ Expiration Date _____

Signature _____ Date _____

Fax your completed registration form to 502-227-8014. If you have any questions, call 800-456-0215



RossTarrant Architects' Green Office Awarded Prestigious LEED® Gold Certification

August 26, 2009 (Lexington, Kentucky) – RossTarrant Architects announced today that its office has been awarded LEED® Gold, a prestigious certification established by the U.S. Green Building Council. LEED—which stands for Leadership in Energy and Environmental Design—is the nation's preeminent program for the design, construction and operation of high performance green buildings.

"We are tremendously excited to have achieved this level of certification. Our firm has always been committed to designing high performance buildings, but designing a LEED Gold building for ourselves has really taught us firsthand the tremendous power a building can have on the health and comfort of its occupants while also being energy efficient, sustainable and cost effective," said Martha Tarrant, President of RossTarrant Architects.

The path to achieving its LEED Gold certification actually began more than two years ago. RossTarrant Architects had outgrown its previous office and opted to renovate an old building to be their new home rather than build new. That simple choice immediately impacted the environmental sustainability of the project.

"Reusing an old building just made sense to us," said Tarrant. "It's the simplest way to conserve natural resources, and it gave us the opportunity to breathe new life into a building that might otherwise have been torn down and discarded."

As staunch advocates of sustainable design, the firm immediately set LEED certification as a goal, and the LEED rating system served as a guideline throughout the entire course of design and construction. To achieve LEED Gold certification, the firm addressed six categories of building green: site planning, water management, energy management, material use and indoor environmental quality.

As a result, RossTarrant Architects' new home features a wide variety of unusual and cutting-edge features that the firm hopes will enable the building to serve as a laboratory for those interested in learning more about building green. RossTarrant Architects openly welcomes neighbors, clients and other interested parties to come and see for themselves what a LEED Gold building looks like.

Several of the building's unique features are immediately obvious to visitors. For example, the building's water is heated through a passive solar water heater that doubles as a canopy over the building's side entrance. Inside the building is flooded with natural light. Nearly every spot in the building has a view to the outside, and tubular skylights bathe interior spaces in daylight to supplement the light streaming in through the windows. Shades with varying opacities that correspond to the amount of sunlight to which each side of the building is exposed filter the light and eliminate glare.

Because the building is so well lit by natural light, interior lights are controlled by sensors that signal lights to turn on only when the available daylight is insufficient. Occupancy sensors turn off lights in any areas that are not in use to further conserve energy.

A few other features are obvious to visitors as well. Parking spaces dedicated for carpooling or cars that run on alternative fuel are clearly marked outside, and a bicycle rack and shower are available to encourage staff to bike to work. Recycling receptacles are clearly marked throughout the office to recycle all post-consumer glass, plastic, paper, metal and aluminum. ENERGY STAR appliances were selected whenever available.

Yet a vast number of the building's features are far less obvious to the naked eye. All metal walls studs were totally recycled, and all of the building's drywall, ceramic tile and carpet contain high percentages of recycled content. Other flooring materials include natural and rapidly renewable products like linoleum and cork. The firm recycled as much furniture as possible, and in cases where new shelving or built-in furniture was needed, it was constructed using formaldehyde-free particle board. The building's interior doors are made of wood certified by the Forest Stewardship Council (FSC). In addition, all construction materials were obtained regionally to minimize the energy required to transport them to the site.

Other hidden features include the building's heating and cooling system, which is highly energy efficient and features a carbon dioxide sensor that automatically brings in additional fresh air when needed. "This prevents people from getting sleepy in the afternoon because the CO₂ that has built up by that point in the day is exchanged for fresh air," says Tarrant. "It keeps people more alert."

Because poor air quality has been clearly linked to increased rates of allergies and asthma, higher absenteeism, and greater employee turnover, the firm worked hard to protect indoor air quality in other ways as well. Paints, caulks and other materials were carefully selected to minimize the airborne chemicals that endanger health. Several other environmental toxins were eliminated as well, including the hydraulic fluid in the elevator. RossTarrant Architects' elevator uses vegetable oil instead.

"RossTarrant Architects' LEED Gold certification demonstrates tremendous green building leadership," said Rick Fedrizzi, President, CEO & Founding Chair, U.S. Green Building Council. "The urgency of USGBC's mission has challenged the industry to move faster and reach further than ever before, and RossTarrant serves as a prime example with just how much we can accomplish."

RossTarrant Architects' office is only the third building in Kentucky to have achieved LEED Gold certification, making RossTarrant the only architecture firm in the state to have earned this prestigious recognition for its own office. Prior to being certified LEED Gold, the office also earned an ENERGY STAR from the US Environmental Protection Agency for energy performance in the top 25-percent of similar buildings nationwide.



Girls Can Too!

Helping girls explore and experience careers in construction is the goal of the "Girls Can Too". Created through a partnership of our NAWIC chapter #367 and Bluegrass Community & Technical College (BCTC) the program is targeted at middle and high school girls. The programs free and open to the public will take place on BCTC Leestown Campus, 164 Opportunity Way in Lexington on the second Saturday of each month from 10:00 a.m.-12:00 p.m. Projects and take home kits are made available to the girls through a grant from the American Association of University Women.

The Fall Schedule includes:

September 12 -Carpentry, Plumbing, and Other Skilled Trades

Laura Lynch, Assistant Professor of Carpentry at BCTC and Joan Markwell, Licensed plumber and developer will share their stories of their education and life in the skilled trades' residential building teaching and development of property. Following their demonstration of Google Sketch Up and Sage Timber Line estimating soft ware and question and answer session participants will join them in the carpentry shop to learn to use basic hand tools and assemble a take home tool box.

October 10- Architecture and Leadership in Environmental and Energy Design

Debra Shockley, Ross Tarrant Architects, Inc., will present her personal story of becoming an architect and quality control manager. The educational path she pursued and hurdles she faced along with advice on how to prepare for the future in her field. Debra will also educate the girls about her firms focus on Leadership in Environmental and Energy Design or LEED. The firm's office was remodeled into a LEED certified building and they have designed several others in Kentucky to include one for BCTC. Following Debra's talk, PowerPoint presentation and question and answer session participants will receive a cut and assemble house kit to assemble and take home with the help of NAWIC members to facilitate further one on one discussion about possible careers in construction.

November 14- Building Materials and Sales

Anna Wientjes, Clay Ingles Brick Inc and Melanie Fosson Creative Bath and Kitchens will share their interior design educational paths and their experience and expertise in building materials and sales. Anna Wientjes will also share an informative and interesting presentation on Julia Morgan 1872-1957 The architect of over 700 buildings in California, she is best known for her work on Hearst Castle in San Simeon, California. Throughout her long career, she designed multiple buildings for institutions serving women and girls. Upon completion of the program girls will assemble brick and mortar kits stone replicas of world famous structures to take home. Kit mortar dissolves in water to so structures can be built again.

The spring schedule is currently being created if you are interested in joining Elaine Boyd and Christine Parsons on the spring schedule or know a girl who would like to attend please contact Laura Lynch at 859 246-6583 or laura.lynych@kctcs.edu. Registration is required in order to provide enough materials and take home kits for participants.



2009 NAWIC CONVENTION

Elaine, Christine, Faye, Dee, Stacia & Susan attended NAWIC's 54th Annual Convention in Phoenix, AZ at the end of August. We attended seminars on OSHA, NEF, Construction Communication, Estimating, WIC Week, Membership, PR/Marketing and Construction Profession & Education.

Congratulations to Stacia Chenoweth for being presented an award on her involvement with WIC Week last spring. NAWIC President, Robin Fulton-Meyer, recognized Stacia's daily inspirational emails she sent to the chapter, the "survival" kits she put together and the social times she organized for the chapter during that week. Way to go, Stacia!! We capped off our Convention experience by attending the Crystal Vision Awards Gala.



COMMITTEE NOTES

Membership: Chair – Christine Parsons. Goals – triple the membership over the next five years!! That means we ALL need to recruit, recruit, recruit!! Invite women you work with to the next meeting & talk up NAWIC at all your networking events!!

PR/Marketing: Chair – Susan Cox. Goals – get our name out there as much as possible!! Our meetings are listed on several online "Calendar of Events". Do you belong to another organization that we could trade a newsletter page with? Do you have marketing ideas? Send them to Susan right away!!

Construction Profession & Education: Chair – Stacia Chenoweth. Goals – provide educational & entertaining speakers/joint meetings/tours for our members every month. Do you have ideas on a great speaker? Send them to Stacia & the CP&E committee right away!!

Ways & Means (aka MF14): Chairs – Mary Gail Engle & Stacia Chenoweth. Goals – FUNDRAISING Miss Fix-It #4 will be held Spring 2010. More details will be coming soon!!

About Our Organization...

Bluegrass Chapter #367
www.bgnawic.org

Region 4 – NAWIC's Core
www.nawic4.org

NAWIC National
www.nawic.org

**NAWIC Education
Foundation (NEF)**
www.nawiceducation.org

**The Bluegrass
Chapter is on
Facebook!
Join our group!**

Since its founding, NAWIC, an international non-profit organization, has grown to a membership of 5,500 women with more than 179 chapters. In its 51 years of service to its members, NAWIC has advanced the causes of all women in construction whose careers range from business ownership to the skilled trades. With almost 900,000 women working in construction today, the industry is becoming more accepting of their non-traditional roles

NAWIC's objectives are:

- To unite for the mutual benefit of the women who are actively engaged in the various phases of the construction industry.
- To promote cooperation, fellowship and a better understanding among members of the Association.
- To promote education and contribute to the betterment of the construction industry.
- To encourage women to pursue and establish careers in the construction industry.
- To provide members an awareness of the legislative process and legislation as it relates to the construction industry.

Executive Board

President	Elaine Boyd	eboyd@clayingels.com
Vice-President	Stacia Chenoweth	stacia@masonstructure.com
Treasurer	Cindy Hiens	chiens@messer.com
Corresponding Sec.	Mary Gail Engle	mgengle@uky.edu
Recording Secretary	Grace Northcutt	gnorthcutt@messer.com
Director	Susan Cox	scox@messer.com
Director	Faye Miller	fmiller@bbandt.com
Director	Joan Markwell	joanemarkwell@yahoo.com
Membership Chair	Christine Parsons	parsons@parsonselectric.com
Finance Chair	Cindy Hiens	chiens@messer.com
C.P. & E Chair	Stacia Chenoweth	stacia@masonstructure.com
PR/Marketing Chair	Susan Cox	scox@messer.com
WIC Week	Grace Northcutt	gnorthcutt@messer.com
Newsletter Editor	Susan Cox	scox@messer.com

